

Embrace The Pace



World-famous Jones Beach State Park, home of 6.5 miles of beautiful white-sand beach on the Atlantic Ocean, comprises more than 2,400 acres of maritime environment on the south shore of Long Island... Jones Beach offers many activities to those who visit the park. They swim in the ocean, stroll the boardwalk, fish, get a bite to eat at one of the many concession stands, visit the Boardwalk Cafe, Dine-in at the Gatsby on the Ocean Restaurant, Enjoy the WildPlay Adventure Park, play miniature golf, shuffleboard, basketball, corn hole, paddle tennis, table tennis, and pickleball. **IRONMAN 70.3 New York is a must-do in 2023!** [MORE INFO](#)

2023 EVENT SCHEDULE

Event schedule is tentative and subject to change. Last updated 8/28/2023

THURSDAY, SEPTEMBER 14

START	END	EVENT
2 PM	7 PM	Athlete Check-In
2 PM	7 PM	IRONMAN Village <ul style="list-style-type: none">Information TentVIP Spectator Credential Pick-UpPLAYTRI Triathlon Store & Tech Service Center
2 PM	7 PM	Official IRONMAN Store
2 PM	7 PM	Optional Bike Check-In & Timing Chip Pick-Up
3:30 PM		Athlete Briefing
5:30 PM		Athlete Briefing

FRIDAY, SEPTEMBER 15

START	END	EVENT
10 AM	7 PM	Athlete Check-In (AWA Priority Check-In ends at 12 PM)
10 AM	7 PM	IRONMAN Village <ul style="list-style-type: none">Information TentVIP Spectator Credential Pick-UpPLAYTRI Triathlon Store & Tech Service Center
10 AM	7 PM	Official IRONMAN Store

